



Touch of Love

Impact Report

2023/24



Agenda

- ❖ Welcome to Touch of Love Outreach
- ❖ Who We Are
- ❖ What We Do
- ❖ Community Support and Development
- ❖ Impact in 2024: Transforming Lives
- ❖ Nourishing Our Community
- ❖ Broadening Access to Support
- ❖ Empowering Our Youth
- ❖ Spotlight on Youth Engagement
- ❖ Nourishing Hope: The Growth of Our Food Bank
- ❖ Celebrating Our Partnerships
- ❖ Voices of Change
- ❖ The Future of Touch of Love
- ❖ Join Us in Making a Difference
- ❖ Together We Thrive



Introduction

Welcome to Touch of Love Outreach

- ❖ Touch of Love Outreach is dedicated to fostering a supportive community and celebrating the collective achievements of our participants and volunteers.
- ❖ Our mission is to bridge gaps in access to essential services for minority ethnic communities in Aberdeen, ensuring that every individual receives the support needed to thrive.
- ❖ We believe in the power of community, where diverse backgrounds come together to create lasting positive change.



Celebrating Unity and Support



Introduction

Who We Are

Mission



"Touch of Love Outreach nurtures resilience & enhances well-being of minority ethnic communities in Aberdeen. We provide crucial support services bridging gaps in food access, cultural integration, and mental health resources, ensuring every individual thrives."

Vision



"We envision a vibrant & inclusive Aberdeen, where diversity enriches the community and minority ethnic groups are empowered as integral parts of society. We celebrate cultural diversity & ensure equitable opportunities for all community members."

Purpose



"Touch of Love fosters integration & well-being of minority ethnic communities in Aberdeen, bridging cultural gaps & strengthening community ties through targeted initiatives addressing immediate needs & promoting long-term development."

Core Values



Inclusivity, Empowerment, Diversity, Community, Respect. We emphasize these values to create an environment where everyone feels included and valued, providing tools for personal and professional growth.





WHAT WE DO





MEET OUR TRUSTEES



**Rev. Fr. Franklin
Umeh**
Missionary Society of
St. Paul



Maria Watson
NHS



Vivienne Amakiri
University of
Aberdeen



Vivian Onyeka
NatWest



What We Do

Food Bank Services

Distributed over 10,000 nutrient-rich food parcels

Impact: 8,000 adults and 5,000 children fed.

Youth Engagement Programs

SPORTS ➤ ARTS ➤ CULTURAL ACTIVITIES

Impact: Confidence boost, Peer Support, Cultural Awareness and Social Skills-Over 350 Young Persons

Mother and Toddler Sessions

Impact: Regular sessions with over 50 mothers, promoting early childhood development and maternal well-being.



What We Do 2024 Community Support and Development

Employability Workshops:

Supported 60 Individuals through CV reviews and interview preparation.

Impact: 60% gained employment

Parent and Family Support:

Over 450 Families participated in seminars centred around navigating life in Aberdeen.

Impact: financial management and healthier family dynamics

Educational Seminars:

Over 300 Families and individuals- Topics: Autism awareness, domestic violence, prevention, energy conservation, Understanding mortgage processes, and anti-racism training

Advocacy and Cultural Awareness:

Promoting cultural sensitivity in child protection and public services.





WHAT OUR SERVICE USERS SAY...



Thanks alot.We received the parcel.May the Lord continue to bless the team.Amen

16:45



Food bank received with ❤️. Thank you always

17:52



Hi [redacted] thank you for my food parcel. As always it's a wee adventure to discover what is in there and I'm always so happy and grateful for the thought and care of each and every one of you and the friendly caring drivers at Touch of Love. Love to you all Mel ❤️ xx



Hello [redacted], Even when I don't say it please always know that you are the best. Every week we get the extension of love from your end.

Lots of Love ❤️ to you and all working with you to achieve this wonderful show of kindness.

From my family it's much more love ❤️

17:19

Touch of love outreach has blessed people many times by giving to the less privileged, boosting small scale businesses, I have received airtime many a times from TOL, may TOL always soar higher Amen

Hi [redacted] thank you for my food parcel. As always it's a wee adventure to discover what is in there and I'm always so happy and grateful for the thought and care of each and every one of you and the friendly caring drivers at Touch of Love. Love to you all Mel ❤️ xx

Hi [redacted] I hope that you are well. Thank you very much for my food parcel today. I am especially delighted with the baby aubergine 🍆. They are my all time favourite vegetable! I am looking forward to cooking them with the chicken 🍗. Love and hugs to you and everyone at Touch of Love. Love Mel 🥰🥰❤️ xx

Hi [redacted] thank you very much for my food parcel. As always it is very much appreciated. Many thanks to you and all at Touch of Love. Love Mel 🥰 xx

Hi [redacted] Well done all involved with a Touch of Love, the work you do is extremely important & makes a difference in the lives of those who need you the most. Merry Christmas to you all. Paul, Inchgarth Manager. Chair of ACVO. Ps...Mike, you are omnipresent for our sector, you inspire!

Good evening [redacted], how are you? I don't know how to thank for all the support you have given to us, we are forever grateful, thank you so much for all the weekly foodstuffs and clothes for our daughter, they are all lovely, she will wear them for a long time, may God continue to bless you for us. Thank you so much Paula. We love you.



Celebrating Our Partnerships





Impact

Youth Engagement Successes



Program Participation

Engaged over 450 young individuals this year through our Youth Engagement Programs, which include sports, arts, and cultural activities.



Cultural and Artistic Development

Participants have been involved in a variety of programs that enhance their cultural awareness and artistic skills. Our Touch of Love Dance Club has nurtured talent and provided a platform for cultural expression.



Social Skills Improvement

Participants have reported significant improvements in their social skills and an increased sense of belonging. About 90% of our youth participants feel more connected to their community.



Educational Workshops

Our programs include educational elements that help young people understand and navigate various life challenges, contributing to their overall well-being and resilience.



Leadership Opportunities

Many participants have taken on leadership roles within the programs, helping to organize events and mentor younger members, boosting their confidence and leadership skills.



Community Integration

Through these activities, participants have fostered a sense of community and support among minority ethnic youth in Aberdeen.



Youth Engagement Successes







CLUB FACTS



3

YEARS OF
YOUTH WORK

457

MEMBERS

6-21

AGES
SERVED

GENDER

FEMALE
60%

MALE
40%

52

AVERAGE
WEEKLY
ATTENDANCE

400

LEARNING
HOURS



Volunteer Impact

- **Volunteers:** 35 dedicated individuals
- **Hours Contributed:** Over 12,000 hours this year
- The volunteers at Touch of Love contribute significantly to our mission, dedicating approximately **12,740 hours** annually. This massive effort, averaging 7 hours per week from each of our 35 volunteers, underpins all our activities, from food banks and educational workshops to community support programs. This volunteer involvement is vital, demonstrating a strong community commitment to our goals and significantly amplifying our capacity to deliver services effectively



Supporting Early Development

01

Participant Engagement

Successfully conducted regular sessions with over 100 mothers and their toddlers, offering a supportive and educational space for early parental engagement and child development.

02

Community Building

These sessions have helped establish a supportive network among minority ethnic mothers, reducing isolation and promoting mental health through shared experiences and peer support.

03

Educational Impact

Delivered targeted workshops on parenting skills, nutritional advice, and infant care, equipping mothers with the knowledge and resources to support their children's health and development effectively.

04

Feedback and Growth

Received overwhelmingly positive feedback from participants, with many reporting improved confidence in parenting and a greater sense of community connection.





Our Cumulative Impact



Total Beneficiaries

Over 30,000 individuals have benefited from our services, helping families overcome challenges related to illness, disability, and financial hardship.



Long-term Program Developments

Expanded from basic emergency support to extensive community support programs addressing a wide array of needs from food security to cultural enrichment and mental health.



Major Milestones

Food Bank Expansion: Grew from one to four locations across Aberdeen, doubling our food parcel distribution annually. Recognition for Youth Programs: Garnered accolades for effectively integrating cultural and personal development in minority ethnic youth.



Strategic Collaborations

Strengthened partnerships with educational institutions and community organizations to amplify our reach and efficacy.



**Together, we can
create a thriving
community in
Aberdeen.**



As we close this presentation, Touch of Love extends heartfelt thanks to each of you for joining us today. Your presence empowers us to continue our mission. Please stay connected, as every hand joined makes our community stronger. Whether through volunteering, participating in events, or sharing our story, your involvement is key to our success. Let's thrive together in the coming year!

Touch of Love Outreach (SCIO)

SC050493

Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	April	2023		31	March	2024

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	26,493				26,493	1,658
Legacies					-	
Grants	14,333	34,506			48,839	168,807
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	40,826	34,506	-	-	75,332	170,465
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	40,826	34,506	-	-	75,332	170,465
A3 Payments						
Expenses for fundraising activities	300	-			300	9,403
Gross trading payments					-	-
Investment management costs					-	
Payments relating directly to charitable activities	45,570	35,806			81,376	167,527
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	250				250	200
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	46,120	35,806	-	-	81,926	177,130
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	-
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	46,120	35,806	-	-	81,926	177,130
Net receipts / (payments)	(5,294)	(1,300)	-	-	(6,594)	(6,664)
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	(5,294)	(1,300)	-	-	(6,594)	(6,664)

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	5,030	2,705			7,735	18,669
	Surplus / (deficit) shown on receipts and payments account	(5,294)	(1,300)			(6,594)	(4,270)
						-	
						-	
	Cash and bank balances at end of year	(264)	1,405	-	-	1,141	14,399

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments	n/a			
	n/a			
	n/a			
	n/a			
	n/a			
	n/a			
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	n/a				-
	n/a				
	n/a				
	n/a				
	n/a				
	n/a				
	n/a				
	n/a				
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	n/a			
	n/a			
	n/a			
	n/a			
	n/a			
		Total	-	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities	n/a			
	n/a			
	n/a			
		Total	-	-

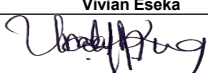
Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of approval

Vivian Eseka



Vivian Eseka
Franklin Umekachikelu


20 November 2024
20 November 2024

Grants as at 31 March 2024

Sources	Unrestricted funds	Restricted funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £
SCOTTISH CHILDRENS LOTTERY	-	-	-	6,500
NATIONAL LOTTERY - MAIN GRANTS	-	-	-	14,964
NHS GRAMPIAN	-	500	500	3,900
ABERDEEN CITY COUNCIL	-	11,813	11,813	17,939
THE CORRA FOUNDATION	-	3,000	3,000	8,425
CROWDFUNDER LTD	10,333	-	10,333	39,418
THE ROBERTSON TRUST	-	-	-	8,000
ABERDEENSHIRE COUNCIL	-	-	-	1,000
MOVEMENT FOR GOOD	1,000	-	1,000	1,000
ACCIONA INDUSTRIAL	-	-	-	1,000
WOOD FOUNDATION - YPI SCOTLAND	3,000	-	3,000	3,000
LOCALGIVING LTD	-	-	-	500
THE KILTWALK	-	-	-	62,162
ARNOLD CLARK	-	-	-	1,000
YOUTHLINK SCOTLAND	-	7,910	7,910	-
YOUTH SCOTLAND	-	808	808	-
ACVO-TSI	-	9,975	9,975	-
NEIGHBOURLY	-	500	500	-
Total	14,333	34,506	48,839	168,807

Expenditures as at 31 March 2024

	Unrestricted funds	Restricted funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £
Rent	3,268	-	3,268	3,871
Insurance	-	-	-	514
Admin	-	-	-	2,147
Meeting Room Subscription	-	-	-	-
Website and broadband	85	-	85	283
Food Pantry Equipment/ fitting	198	-	198	586
Food Pantry Repairs	-	-	-	-
Postage and Printing	27	-	27	-
Promotional Materials	1,103	-	1,103	1,893
Office Furniture and Fitting	-	-	-	735
Cleaning and Waste Disposal	-	-	-	-
Purchase of Laptop, Hardware and Software	679	-	679	2,156
Team Building	1,225	-	1,225	1,501
Stationeries	-	-	-	2,548
Volunteers Expenses	1,607	-	1,607	5,754
Bank charges	67	-	67	78
Fundraising Expenses	300	-	300	9,403
Volunteers Training	207	-	207	2,641
Community Food Projects	15,478	7,676	23,154	23,419
Youth Projects	-	12,660	12,660	15,330
Staff Cost	12,255	-	12,255	17,254
Tackling Loneliess & Social Isolation	-	4,513	4,513	10,510
Health & Wellbeing Projects	3,494	-	3,494	9,252
Holistic Support for Ethnic Minorities	1,680	-	1,680	4,791
Sessional Costs	-	10,957	10,957	17,500
International:	-	-	-	-
Basic Necessities Projects	2,250	-	2,250	8,788
Feed the Hungry Projects	750	-	750	11,797
School Outreach Projects	-	-	-	9,997
Medical Outreach Projects	-	-	-	7,997
Internet Provision Projects	-	-	-	5,994
Accountancy/ Independent Examiner Cost	250	-	250	200
Health and Safety Equipment Cost(Including PPE	-	-	-	-
Professional Membership Fee	1,195	-	1,195	190
Total	46,120	35,806	81,926	177,130

		Independent examiner's report on the accounts					
Report to the trustees/members of	Charity name	Touch of Love Outreach					
	Registered charity number	SC050493					
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	01	April	2023		31	March	2024
Set out on pages							(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>						
Basis of independent examiner's statement	<p>My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.</p>						
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 						
Signed:					Date:	23/12/2024	
Name:	Ibrahim Yohanna - Bsc, MSc, MBA, ACA, ACCA, FCCA, FFA, CIA,						
Relevant professional qualification(s) or body (if any):	Association of Certified Chartered Accountants (ACCA)						
	Institute of Financial Accountants (FFA)						
	Institute of Chartered Internal Auditor of UK & Ireland (CMIIA)						
	Certified Fraud Examiner (CFE)						
Address:	14						
	Valentine Crescent, Danestone						
	Aberdeen, AB22 8DB						
	U.K						

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**